

10 TIPS FOR USING COSMETIC PRODUCTS SAFELY

People use cosmetics to keep clean and enhance their beauty. It's important to use these products safely:

- 1. Always read and follow the instructions
- 2. Always check the ingredient list
- 3. Always perform a patch test
- 4. If you notice adverse symptoms like itching or burning while using a product, immediately remove it and seek medical advice.
- 5. Be wary of purchasing products via third party sellers particularly online
- 6. Familiarise yourself with product labels
- 7. Generally it is advised to not share cosmetic products to prevent the spread of bacteria and contamination of your products
- 8. Jars and containers should be kept tightly closed after use to prevent contamination
- Applicators/makeup brushes should be thoroughly cleaned or replaced on a regular basis to prevent the spread of bacteria
- 10. Have regular clear-outs of cosmetics and throw away any products that have a bad odour or display a change in colour

To get in touch with Tina Patel or her team, call 020 7650 1198 or email tpatel@leighday.co.uk

Leigh Day